

HUDSWELL & DISTRICT MESSENGER

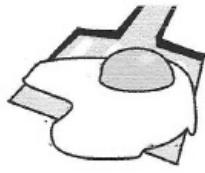


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Editor: Claire Swainston, Parish Clerk
Thank you for all your contributions; the information contained is only as good as that supplied so please keep it coming! Deadline for the next issue is 1st September 2016.

[The Hudswell & District Messenger has been kindly printed by TC Printing Services.]



THE LITTLE SHOP



OPEN ALL HOURS



Listed Below



Mon - Fri



9am - 1 pm 4 pm - 6 pm



Sat 9 am - 4pm



Sun 11 am - 1 pm



This Newsletter is published by:

HUDSWELL & DISTRICT PARISH COUNCIL

Chairman: John Dixon Tel: 01748 824631

Councillors: Beverley Phillips Tel: 01748 824038
Elizabeth Ramage Tel: 01748 826663
Pat Whelan Tel: 01748 824331
Vacancy (1)
Vacancy (2)

Parish Clerk: Claire Swainston Tel: 01748 826989
claire.swainston@btinternet.com

Minutes of meetings can be found displayed on the main parish notice board (in Hudswell), the parish information folder in the library at the *George and Dragon* and on the following websites:

www.parishconnect.co.uk

www.richmondshire.gov.uk
under *Council and Democracy*
then *Parish/Town Councils*

PARISH COUNCILLOR VACANCY

The Parish Council is currently operating with **two** less Councillors than we should have. If you are interested in joining this very small team, and live in Hudswell, please speak to the Chairman or come along to our next meeting and we can arrange for you to be co-opted!

THE LITTLE SHOP, HUDSWELL

VOLUNTEERS NEEDED PLEASE

More volunteers are needed to help at The Little Shop. If you are able to spare a couple of hours a week please contact John Walton (Tel: 850884).

**The Little Shop is open 9am-1pm and 4pm-6pm weekdays;
9am to 4pm Saturdays and 11am-1pm on Sundays.**

HUDSWELL MEMORIAL GARDEN

A **huge** thank you is owed to those residents who have been maintaining the Hudswell Memorial Garden of their own volition.

HUDSWELL SCHOOL CHARITY

Are you about to take a residential course at college or university and live in Hudswell? If so you may be eligible for a grant. For details contact John Horseman (Tel: 826216).

HUDSWELL GARDENING CLUB

Meet in Hudswell Village Hall at 7.30pm on last Wednesday of the month. Visitors and new members always welcome. Enquiries to John Walton on 850884.

30th March	"Springtime in Wensleydale", Robert Hall
27th April	"A butterfly year", Dr Paul Kiplin
25th May	Visit to Paddock Farm Nurseries and Water Garden. (Village Hall at 6.45pm, or meet at Paddock Farm at 7.15pm). Members and friends only.
29th June	Rose Show, Potato Comp & Social Evening
3 rd August	Visit to St Nicholas Gardens, Richmond. (Village Hall at 7pm, or meet at venue at 7.15pm). Members and friends only.
24th Aug	No meeting
28th September	"Wicked Plants", Peter Walker
26th October	"Autumn Fungi", Paul Forster
30th November	"Soft Fruits;-The Usual and Unusual", Hilary Dodson
7th December	Christmas meal, date and venue to be confirmed. Members only.
25th January 2017	AGM, Quiz & Social Evening.

HUDSWELL ALLOTMENTS AND COMMUNITY ORCHARD

We are hoping for a better Spring this year and with our fruit trees now becoming established properly, looking forward to a good crop of apples and plums. The orchard area is in the process of changing from rough grass into a more attractive wild flower area; although this will not happen overnight. However, various wild flower seeds have been planted, and coupled with a different cutting regime, should ensure a more colourful area.

Our allotments are in good shape, and by the time you are reading this, will, weather permitting, be a hive of industry. And talking of hives, we currently have plans for bees (just a single hive at the moment) - in the field below the allotments. This is a new venture for us, and at the moment, the HCP members who are involved in this are on a pretty steep learning curve, but if all goes according to plan, we may have "Hudswell Honey" on sale in the Little Shop eventually.

We will have a vacant allotment shortly if anyone is interested, please contact John Walton (Tel: 850884).

RICHMOND FLOWER ARRANGING CLUB

Meet in Hudswell Village Hall at 10.15am on first Wednesday of each month, except January and August. Coffee served from 9.30am. Visitors and new members always welcome. Enquiries to Judy Farrar on 824514.

6 th April	Demonstration by Kath Gibson - 'Around the World'
4 th May	Demonstration by Mildred Stafford 'Sunshine, Strawberries & Champagne'
1 st June	Demonstration by Susan Hall 'Memories'
6 th July	Visit to Thornton Hall Gardens
18/19 th August	2 day visit to Southport Flower Show. (to enquire if there are any places left for non-members please telephone 824514)
7 th September	Demonstration by Wendy Smith 'Travels with my aunt'
5 th October	Demonstration by Valerie Guest 'Tantalising Textures'

HUDSWELL VILLAGE HALL EVENTS

Monthly events:

First Thursday of the month – **FREE Coffee Morning**, all welcome - 10.00am - 12.00 noon

First Wednesday of the month - **Flower Club** - 9.00am - 12 noon

Second Tuesday of the month - **Scrabble Club** - 7.30pm

Last Wednesday of the month - **Garden Club** - 7.15pm

Weekly events:

Every Monday - **Badminton** - 7.30pm - 9.30pm

Every Tuesday - **Chair Pilates** - 6.00pm - 7.00pm

Every Thursday - **Art Club** - 7.00pm - 9.00pm

Every Friday - **Mummy and Me Pilates** - 10.00am - 11.00am **Pilates** 6.00pm - 7.00pm

COMING SOON:

16th April **JUMBLE SALE** 2pm
(Mike Vening is collecting items if requested Tel. 07538 344389)

29th April **DOMINO DRIVE** 7.30pm Admission £2

Please be aware that the Village Hall Car Park is no longer managed by Richmondshire District Council and is now the responsibility of the Village Hall. The car park is vital when we are hiring the hall for events, please could residents be mindful of events taking place and park in their own driveways whenever possible.

Hudswell Village Hall is available for hire for parties, anniversaries, clubs and meetings (£10 per hour and regular meetings £7 per hour). To make a booking contact Sue Shaw, Orana, Hudswell on 825084.

NEIGHBOURHOOD WATCH SCHEME

In response to the recent burglary it was felt prudent to highlight that Hudswell currently has two coordinators, Councillor Beverley Phillips for the west end and Judy Farrar for the east end of the village. If someone would like to volunteer their services for the centre of the village, becoming a 3rd coordinator, that would be welcome. Please contact Councillor Beverley Phillips for more information.

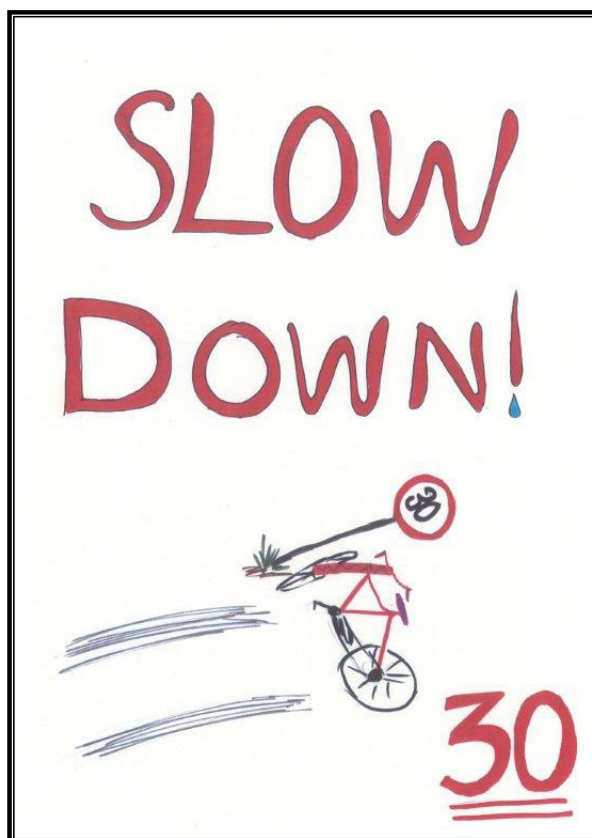
MOBILE SKIP

Cllr Blackie is arranging for a mobile skip to be delivered to Hudswell, for the use of all residents in the parish, on Saturday 21st May 2016 (11.30 – 1 pm). It is hoped that a “reminder” can be circulated nearer the time.

BEST KEPT VILLAGE COMPETITION 2016

This year’s judging takes place during the first two weeks in July. Let’s see if we can improve on last year’s 10th place.

SPEEDING TRAFFIC



Vehicles speeding into and out of Hudswell remain a concern of the Parish Council. 30mph is the MAXIMUM permitted speed in the village NOT THE MINIMUM. **PLEASE, PLEASE KEEP YOUR SPEED BELOW 30 MPH FOR THE SAKE OF OUR CHILDREN.**

Please be a conscientious villager and do the same along the full length of Hudswell Lane, particularly through the hamlet known locally as “Monkeytown”. Complaints are received daily about the speed of motorists who pass walkers, horse riders and cyclists far too fast.

CYCLOSPORTIVES 2016

Event	Date	Organiser	Start location	Website
Buttertubs Sportive	14/05/2016	Velo29	Croft	http://velo29events.com/sportives/buttertubs-sportive/
Etape du dales	15/05/2016		Grassington	http://www.daveraynerfund.co.uk/etapedudales/
Richmond Cyclospotives	28/05/2016	Richmond cycling Club	Richmond	http://www.richmondcc.co.uk
Sedbergh Sportive	19/06/2016	Sedbergh School	Sedbergh	http://www.sedberghschool.org/foundation
Ripon Tour	10/07/2016	Velo29	Ripon	http://velo29events.com/sportives/ripon-tour-sportive/
Wiggle Yorkshire Tour	20/08/2016	UK Cycling Events	Thirsk	http://www.ukcyclingevents.co.uk/events/wiggle-the-yorkshire-tour-sportive/
Columba Chemo Classic	12/11/2016		Richmond	http://www.chemoclassic.co.uk/

[Above is list of all the Cycle sportive (road races) we are aware of which come through Swaledale parishes this year. I hope you find it useful.]

Michael Briggs

Area Ranger, Yorkshire Dales National Park Authority, Swaledale & Arkengarthdale
michael.briggs@yorkshiredales.org.uk | Office 01748 884060

THE LITTLE WHITE BUS: Summer Timetable

THE SWALEDALE SHUTTLE

SUMMER TIMETABLE	Valid from Monday 21 March 2016 – Saturday 5 November 2016
Services 30 / 32	Mondays – Saturdays (6 days every week) No Sunday Service / No service on Bank Holidays
Route Keld – Muker - Reeth – Downholme – Hudswell - Richmond – Princes Gate / Tesco Catterick Scotton Tunstall circular – Richmond – Hudswell – Downholme - Reeth – Muker - Keld	

Keld Village Centre	0800 BIA	1015	DR	1635
Thwaite	0805 BIA	1020	DR	1640
Muker	0810 BIA	1025	1335	1645
Gunnerside	0815 BIA	1032	1342	1652
Low Row	0820 BIA	1040	1350	1700
Reeth arrive	0830	1050	1400	1710
Reeth depart	0830	1055	1405	1715
Grinton	0832	1057	1407	1717
Richmond Reeth Road	0847	↓	↓	1732
Downholme Village Centre	↓	1103	1413	↓
Hudswell	↓	1108	1418	↓
Richmond Market Place arr	0850	1115	1425	1735
	↓	↓	↓	↓
Richmond Market Place dep	↓	1120	1430	↓
Princes Gate/Tesco Catterick	↓	1125	1435	↓
Scotton	↓	1130	1440	↓
Tunstall arrive	↓	1135	1445	↓
Tunstall depart	↓	1140	1450	↓
Scotton	↓	1145	1455	↓
Princes Gate/Tesco Catterick	↓	1150	1500	↓
Richmond Market Place arr	↓	1155	1505	↓
	↓	↓	↓	↓
Richmond Market Place dep	0900	1205	1530	1740
Richmond Reeth Road	0903	↓	↓	1743
Hudswell	↓	1212	1537	↓
Downholme Village Centre	↓	1217	1542	↓
Grinton	0918	1223	1548	1758
Reeth arrive	0920	1225	1550	1800
Reeth depart	0925	1230	1555	1800 BIA
Low Row	0935	1240	1605	1810 BIA
Gunnerside	0943	1248	1613	1815 BIA
Muker	0950	1255	1620	1820 BIA
Thwaite	0955	DR	1625	1825 BIA
Keld Village Centre	1000	DR	1630	1830 BIA

BIA	Book in Advance = Must be booked 24 hours in advance via the LWB Bookings Office Concessionary Fare passes ARE NOT VALID on these journeys
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DR	Demand Responsive Service - Book in advance / on the day via the LWB Bookings Office or the LWB driver Concessionary Fare passes ARE NOT VALID on these journeys
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THE LITTLE WHITE BUS	
Bookings Office – Open for Personal Service Monday – Saturday : 09.00 hrs – 17.30 hrs (Sat 12.30 hrs) Tel: 01 969 667 400 E-Mail: uwco@btconnect.com	

The Swaledale Shuttle Service will run its Summer timetable from Monday 21st March to Saturday November 5th. Service changes will come into effect from 11th April 2016, when the new Richmondshire Rover service begins.

A DAY IN THE LIFE OF A ... Neuromusculoskeletal (NMSK) Physiotherapist

An NMSK physiotherapist will help you to manage those daily aches, pains, strains and sprains and injuries whatever your level of function. In addition we work with pre and post-surgical care.

A day will start with updating the mandatory training register which I maintain for the team. I update colleagues and central databases on what training is pending and when it is due. This training involves a number of topics including basic life support, infection control and patient confidentiality issues.

I then tend to see an existing patient for follow up of injury/disability management. Key to this will be catching up with improvements or setbacks since the initial appointment. This is a good opportunity for patients to put questions to me, update me on their progress and gauge where we are on the road to goals that patients identify at first appointments. Patients may update their goals at this point. I will reassess objective markers such as range of movement or strength to help with this process.

A key part of the role is ensuring that my patients can do their job and liaising with GPs, surgeons and the patient's work place. I will then normally see one new patient, assessing afresh, goal setting with a patient to establish what they hope to achieve with physiotherapy input. Key to this process is for a patient to understand what physiotherapy can realistically offer, identifying the severity of a problem, appropriate referral points if needed and setting timelines to referral if I am concerned about a condition.

After collecting information (subjective assessment) from a patient and giving a patient a good opportunity to talk about their problem, I will have formed a good idea of what the problem is. I then set out to contradict my initial hypothesis with a functional (better known as objective) assessment.

A short break will follow this appointment during which my colleagues can down tools but invariably some good problem-solving is part of this break time.

For the second half of the morning patient reviews continue and generally I will do my administrative work as I go along but if I need to write a referral or make a phone call, I can do that just before lunch.

In the afternoon patients are seen again. Weekly time is set aside for continuing professional development which can be topic or patient specific. In addition service development activities such as an audit may take place. There may be an in-service training which is always relevant and interesting.

I may triage referrals from GPs to identify the most appropriate patient management route or see some patients for one-off clinics if they do not need a protracted care package.

I am fortunate. My job is fun and laughter is a key feature of it as well as meeting many interesting people from many different backgrounds. It is challenging work and I work with great problem solvers. When things get too much for my addled brain I am able to briefly rest my head on a plinth during a break.

DOWNHOLME “HISTORIC” ROAD SIGNS – Fully Restored

Thanks to two grants totalling £2036.88 it has been possible to restore Downholme’s historic road signs to their former glory. The Yorkshire Dales National Park Authority, through the **Sustainable Development Fund**, provided 75% of the funds, and Richmondshire District Council, through the **Communities Opportunity Fund**, provided the balance. The work was carried out by Signpost Restoration Ltd and we are delighted with the end result.



Picture 1 **reflective studs** - shows how the new reflective studs (all studs on all plates are new) work. These studs came from The Reflective Road Stud Company which was founded by the inventor of the 'cats eye' Percy Shaw. They arrived wrapped in newspaper dated from the early 1950's so it's safe to say they are original parts for your signs.

Picture 2 strangely it's upside down, but not on the other of the two sound plates that were restored. The reason for this is likely to be that the plate with the stamp on it was used as a pattern to cast a new plate (the second one) some time ago and the founders would have ground off this stamp as they tidied up the casting. This was suggested by the foundry I used but I opted to keep the makers name. In addition the fact that the original plate (with makers name is fractionally bigger than the others suggests that it was used as a pattern as the reduction in size is created when the molten metal contracts on cooling. Also the letters from the original plate would have been used to cast new letters for the second plate and as they were cast with an inferior grade of aluminium they were either broken or fell into pieces when removed. Those on the original plate all survived intact but close examination will however show extensive pitting on the surface.

Picture 2 **Smith & Sons** - shows the makers stamp 'W Smith & Sons, Grove Works, Barnard Castle' on the totally new plate made to replace the one stolen. The makers stamp is on the original



Picture 3 **3 plates together** - shows all three plates alongside each other. The top one is the all original, save for the reflecting studs, plate. The middle one is the restored plate with new letters and studs. The bottom plate is entirely new and was made by using the original (top) plate as the pattern for casting. The letters used on the bottom two plates were computer cut from aluminium sheet using the originals on the top plate as a guide. These letters have a much smoother face than the pitted face of the originals.



National Trust Yorkshire Dales NEWS FROM THE WOODS – SPRING 2016

Wet and mild conditions have influenced some of our woodland species this winter. The distinctive fruiting bodies of scarlet elf cup fungi – usually seen in February – started to show in January; honeysuckle doesn't seem to have stopped growing at all; and dog's mercury has been found throughout the winter in various stages of growth more akin to spring. Thankfully, the cold and dry weather of the past few weeks has been a welcome, if somewhat late, taste of winter. Muddy paths have at last started to dry out. We will continue to improve paths that get really muddy but we are conscious that too much surfacing would spoil the character of the wood. I have been pleased with how the path surfacing we have laid on notoriously muddy sections has stood up to the wettest December on record. Slippery Bank, the once treacherous path down to Andrew Watson's bench has remained navigable throughout!

On the riverside grassland we have had the help of 4 miniature Shetland ponies from Coverdale. They have continued the good conservation grazing started last winter. We had a few complications with dog walkers initially as the ponies were being chased, but the situation has improved. I'd like to thank everyone that does walk their dog responsibly on the riverside meadows, it has taken some adjustment to keep dogs under closer control and we are very grateful for everyone's cooperation. We plan to continue with low levels of winter grazing, eventually across all the grassland areas. In the long term this will encourage a spectacular show of wild flowers through the summer months, benefitting both nectar loving insects and anyone that visits the area.

Our woodland work this winter was similar to last in that we have been concentrating on felling and cutting back to allow more sunshine in to paths and glades. We have also coppiced two small sections of hazel on the southern aspect of Round Howe, the only south facing slope on the whole site. The early purple orchids in this area should benefit from a few years of increased sunshine before the hazel slowly grows back. I appreciate some of the woodland work looks messy from our perspective but nature thrives in such conditions; dead wood, both fallen or standing, is a very important habitat that in many woodlands is cleared away completely.

Weather permitting it's only a week or two away from the first chiffchaff arrivals so it's worth listening out now for that migrant bird's distinctive "chiff chaff" song. Spring is definitely on its way, nuthatches are increasingly vocal, great spotted woodpeckers are drumming and the tawny owls – which start laying eggs from the beginning of March – are starting their own dawn chorus.

Our events start soon, our drop-in Easter Egg Hunt is scheduled for the 26th March and we are also running an introduction to geocaching (a family orientated treasure hunt with GPS through the woods) on the 6th April. There will be a poster with more details on the Hudswell noticeboard in advance. As always, please contact me if you have any questions about our work in the woods, or if you have any suggestions or interesting observations. You can also follow our work across the Dales using Facebook
<http://www.facebook.com/YorkshireDalesNT>

Seb Mankelov

Ranger, National Trust Yorkshire Dales

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LOCAL SERVICES

Fionagh Bennet: Freelance musician (organist/pianist), composer, music tutor,
www.fionagh-bennet-music.co.uk
Ask me how to save money/make money www.utilitywarehouse.org.uk/B49719
Tel: 01748 823866/07802 442551

Richmond Sash Windows: Sash Window Renovation Specialist. Restoration,
refurbishment, upgrading and draught proofing of traditional timber sliding sash
windows. Email: info@richmondsash.co.uk Tel: Bill on 01748 821466 or 07778
218735

TC Printing Services: Booklets, photo-copying, scanning, leaflets & flyers. For all your
local printing needs. Tel: Debbie 01748 200557

Travel Agent: Tailor made luxury holidays by the experts. We offer our clients a
competitive, personal and professional service. Fully ABTA & ATOL protected,
based in Richmond, let me help you plan your next holiday. Tel: Tracy Charlton
01748 822540 Mob: 07795 522429. Email: tracy@designertravel.co.uk

*To place an advert in the next issue of the Hudswell & District Messenger please contact the Editor.
Your support will help with printing costs, a copy is delivered to each house in Brokes, Downholme,
Hudswell, Stainton and Walburn (160 copies in all).*

- “Local Services” adverts cost £5 per annum (2 editions).
- Inside Front/Back Cover Full Page: £30 for Black & White / £50 for Colour.



**The Bolton Arms
Downholme**
Tel: 01748 823716



**Fully stocked bar offering
real ales: Timothy Taylor
& Black Sheep**

Home-cooked food
served lunchtimes & evening
(closed Tuesday lunch)

Take-away fish & chips



Steak Nights every Friday
(Rib Eye steak with tomato,
field mushroom, onion rings,
Chips & vegetable) £12.50pp

Free Wi-Fi

Beer Garden
(Dogs welcome in the Beer Garden)

